

LC-NY Style Boiled Bagels[®]

Bacon Cheddar 3 pack



Diabetic
Friendly
Low
Carb



Refrigerate or freeze upon receiving.
Remove air from bag before resealing.

Nutrition Facts

Serving Size 1/2 bagel (73g)

((half - 4" wide x 1 1/4" thick bagel)

Servings per container 6

Amount Per Serving

Calories 179

Calories from Fat 43

		%Daily Value*	
Total Fat 4.8g	7%	Total Carbohydrate 15g	5%
Saturated Fat 1.2g	6%	Dietary Fiber 13g	52%
Trans Fat 0g		Sugars 0g	0%
Cholesterol 8mg	3%	Protein 19g	38%
Sodium 398mg	17%	Net Carbs 2g	

*Percent daily values are based on a 2000 calorie diet.

Ingredients: Wheat protein isolates, resistant wheat starches, flax seed, vital wheat gluten, bacon (cured with salt, sugar, sodium erythorbate, nitrate & phosphate), cheddar cheese (cheese cultures, pasteurized milk, salt, enzymes), natural flavors, olive oil, yeast, Inulin, salt, calcium propionate, vinegar, annatto (vegetable color), natural stevia & natural monk fruit.

Contains: Wheat, Milk

Net Wt. 15.45 oz. (438g) Qty 3 - 4" Bagels



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Manufactured by LC Foods[™]
Company, Raleigh NC 27604